

IC16 Networking between active citizens

Case Study: Example of a Youth Exchange (YE)

NGO (Non Government Organisation) "Fantasia" who is dealing with health topics decided to implement a YE project in Malta, called "Eat as much as you can!". The project aimed to bring youths from European and neighboring countries in order to exchange ideas of traditional and healthy meals. The 30 youths from 6 countries (Malta, Estonia, Georgia, Azerbaijan, Spain and UK) spent 5 days (1-5 September 2016) of active participation, cooking their local foods, exchanging experiencing and know-how, while learning using Non Formal Education (role playing, brainstorming, case studies, group work etc) and ... cooking! The participants came from different economical, cultural and geographical background, aging from 16 to 30 years old. As an outcome of the project, the participants organized an open call to youth organizations in Valetta, Malta, where youngsters had the opportunity to learn about the culture and taste food of the participating countries.

Further info:

1. NGO Fantasia found partners through
 - (a) Internet (www.salto-youth.net),
 - (b) Facebook groups (Youth Exchange Projects, Erasmus+, Youth in Action, ERASMUS+ For EU Projects - Partner Finding + Dissemination Group),
 - (c) through help from their National Agency who has available organisation's info in a specific on-line platform.
2. The participants created an open group on FB called "Eat as much as you can!" where participants
 - (a) could communicate and share ideas and experiences before/during and after the implementation of the project, and
 - (b) invited their friends to join the group so that their knowledge could spread around the world (and everybody could share ideas, opinions etc).

The 30 participants became really good friends during the project. Most of them are still communicating and some have met again in new projects.